



**Access Training Limited**  
 Queensway North  
 Team Valley  
 Gateshead  
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**Public Transport**

**By Rail, Newcastle Central Station.** (East Coast line to Edinburgh and London). Follow the **M** signs downstairs and catch a connecting metro to Gateshead station.

**Tyne & Wear Metro, Gateshead Station.** The nearest Metro station is Gateshead. From here take a bus to Team Valley

**By Bus:** Number 94 is the only bus that goes on to the Team Valley. However, all the buses listed below go down Lobley Hill Road (Bensham Bank) which is at the edge of the Team Valley and within easy walking distance of the Training Centre. You will need to get off the bus at the stop just after the railway bridge and just before you reach a company called Anson. With your back to the railway bridge, take the first left on to Queensway North. Walk along the road, crossing over the junction where Queensway North meets First Avenue. Access Training is the fourth building on your right. GoAhead Buses from Gateshead Interchange: 705, 707, 770, 94, 95, 96, 97, 98

**Newcastle Airport.** Follow the A696 towards Newcastle, then take the A1 southbound to Gateshead.

